

General Schedule of Events –

Friday: 12:00 noon - 9:00 pm (estimated)

1500 meter Race walk

80 meter Hurdles –

- East side – Girls, Boys, then Masters Women then Men

100 meter Hurdles –

- East side – Girls, Boys, then Masters Women and Men

110 meter Hurdles –

- West side – Boys 39” then Men 42”

3000 meter Run AND RaceWalk

Field events - Adults ONLY – High Jump, Long jump, Triple jump, Shot Put, Discus, Javelin, Hammer

Field events – ALL AGES – Pole Vault

FRIDAY, July 9, 2021					
EVENT	GENDER	AGE GROUP	TIME	CHECK IN LOCATION	COMPETITION LOCATION
1500m RW	All	Ages 9+	400p	Center Tent	SE Corner of Track
80mH	G B MaW MaM	GB9-12 MaW40+ MaM70+	Following 1500m RW	NE Ea Tent	NE Corner of Ea Track
100mH	G B WOp MaM	13-18G 13-14B 19-29W 50-69MaM	Following 80mH	NE Ea Tent	NE Corner of Ea Track
110mH	B M	15-18B 19-29OpM 30-49OpM	Same time as 80mH	Center Tent	NW Corner of We Track
3000m Run and RW	G B W M	Ages 9+	After 100mH and 110mH	Center Tent	NE Corner of Ea Track
Long Jump	W Op/Ma M Op/Ma	19+	400p – 700p	LJ/TJ/PV Tent	Ea of Ea Bleachers
Triple Jump	W Op/Ma M Op/Ma	19+	400p – 800p	LJ/TJ/PV Tent	Ea of Ea Bleacher
High Jump	W Op/Ma M Op/Ma	19+	1200n	NDZ – West Pit NDZ – East Pit	NDZ – West Pit NDZ – West Pit
Pole Vault	All	All	1200n	LJ/TJ/PV Tent	Ea of Ea Bleacher
Shot Put	W Op/Ma M Op/Ma	19+	1200n	SP Tent	Outside - North and West of Stadium
Discus	W Op/Ma M Op/Ma	19+	1200n	Discus/Hammer Ring	
Javelin	W Op/Ma M Op/Ma	19+	400p	Jav Runway	NE JV Runway North
Hammer	W Op/Ma M Op/Ma	19+	400p	Discus/Hammer Ring	North Throws Cage

Saturday: 8:00 am- 4:00 pm

50 Meter Fun Run for Ages 4 and 5–

- Limited to 24 participants only! No cost. Ribbons for all participants!

1500 meter Run

100 meter Dash –

- GIRLS and Women on the east side

- Boys and Men on the west side.

400 meter Dash

OFFICIALS' BREAK!

4 X 100 meter Relay – Boys and Girl (Youth) only

800 meter Run

200 meter Dash

Field events – CAFETERIA STYLE - (Youth ONLY as eligible) – Long Jump, Triple Jump, Shot Put, Discus, Javelin, Turbo Javelin (on the football field at the SE corner)

SATURDAY, July 10, 2021					
EVENT	GENDER	AGE GROUP	TIME	CHECK IN LOCATION	COMPETITION LOCATION
50m Fun Run	B and G	Ages 4-5	800a		NW Corner of We Track
1500m Run	All	Ages 9+	830a	Center Tent	SE Corner of Ea Track
100m Dash	G and WOp/Ma	All	After 1500m	NE Ea Tent	NW Corner of We Track
100m Dash	B and MOp/Ma	All	After 1500m	NW Ea Tent	NE Corner of Ea Track
400m Dash	All	All	After 100m	Center Tent	SW Corner of We Track
4x100R	B and G	9+	After 400m	Center Tent	SW Corner of We Track
800m Run	All	All	After 4x100	Center Tent	SW Corner of We Track
200m Dash	All	All	After 800m	Center Tent	NE Corner of Ea Track
Long Jump	All	-8 to 18	800a – 1200n	LJ/TJ/PV Tent	Ea of Ea Bleachers
Triple Jump	All	13 to 18	900a – 100p	LJ/TJ/PV Tent	Ea of Ea Bleachers
High Jump	B	-8 to 12	900a	NDZ East Pit	NDZ East Pit
High Jump	B	13 to 18	1200n	SDZ	SDZ
High Jump	G	-8 to 18	900a	NDZ West Pit	NDZ West Pit
Shot Put	All	-8 to 18	900a – 100p		NW of Stadium
Discus	All	11 to 18	900a – 100p		
Javelin	All	13 to 18	1000a – 200p		NE JV Runway North
Hammer	All	17 to 18	100p – 300p		NW Throws Cage
Turbo Jav	All	-8 to 12	100p – 300p		SE corner of Football Field