

# 2010 Kansas State Cyclocross Championships



Presented by:



**Sunday, December 5, 2010**  
**Hummer Sports Park, Topeka, KS**

Sponsored by:

**Course Description:** Quickly becoming one of the most destined cross courses in the Midwest, the Capital Cup is proud to host the 2010 Kansas Cyclocross Championships. As always, the course will involve mainly grass, some pavement and the dreaded “Mound of Mercy to test your cornering and running skills. Course will be open to pre-ride after 9:00 am on race day.

**Location:** Hummer Sports Park in Topeka is located off of SW 6th Ave. and MacVicar Ave. From the East or West take I-70 to the MacVicar Exit, #359. Go South on MacVicar to SW 6th Ave. Go West (right) and then follow the signs guiding you to the park.

**Parking:** Located in the Hummer Sports Park Natatorium parking lot.

**Registration:** Online registration opens November 1 at [www.sunflowergames.com](http://www.sunflowergames.com). Pre-registration will close at Midnight on Thursday, December 2. Race day registration will open at 8:30 am in the Hummer Sports Park Natatorium. Registration for each event closes 30 minutes prior to the posted race start time.

**Race Rules & Information:**

- USAC Permit Pending - All USAC Cyclocross rules apply
- USAC license required for all riders
- Annual license must be held for KS State Championship medals
- One day licenses available for \$10.00
- Events will be held regardless of inclement weather
- CPSC approved helmets required for all events and must be worn at all times
- Mountain Bikes are allowed with no bar ends
- Entry Fee includes \$3.00 to USAC for insurance and \$1.00 surcharge to KCA

**For More Information:** [www.sunflowergames.com](http://www.sunflowergames.com)  
 Jeff Unruh, [cyclesleeper@cox.net](mailto:cyclesleeper@cox.net) or 785-554-8150



Start Time	Class	Duration	Entry Fee	Place	Prizes
11:00 am	Men's Cat 4 (Beginner)	30 Min	\$25	5	Awards*
11:00 am	Masters 40+ B (Cat 4 only)	30 Min	\$25	3	Awards
12:00 pm	Men's Masters (KS State Medals 5 year age-groups 30-65+)*	40 Min	\$25	3	Awards*
12:00 pm	Women's Open (Cat 1/2/3)* (KS Women's Cat 1/2 & Cat 3)*	40 Min	\$25	4	\$50/30/25/20*
1:00 pm	U19 Junior Men/U19 Junior Women (KS State Medals in 10-12, 13-14, 15-16, 17-18)*	30 Min	\$10	3	Awards*
1:00 pm	Women's Cat 4 (Beginner) Presented by Kansas Cycling Association	30 Min	\$10	5	Awards*
1:00 pm	Women's Masters	30 Min	\$25	3	Awards*
1:00 pm	Single Speed	30 Min	\$25	3	Awards
2:00 pm	Men's Open (Cat 1/2/3) (KS Men's Cat 1/2 Championship)*	50 Min	\$25	7	\$100/75/50/40 30/25/20*
2:00 pm	Men's Cat 3*	50 Min	\$25	3	Awards*

\*State Championship Class. Medals to top three Kansas residents in each race category.